Challenging ideas in mental health K272

**Presentation pattern**  October to June

**Module description**

As the title suggests, this module invites students to take a new and different look at mental health. It invites them to think differently about life’s dilemmas by taking account of the views of all concerned, especially people experiencing mental distress. Using a holistic framework, it explores ideas and practice in mental health; it encourages students to review their own beliefs and experiences; and to challenge themselves and others on a more informed footing. The module will appeal to a wide range of people – workers in health and social care, service users/survivors, their friends and families, as well as anyone with a general interest in mental health and distress.

**Person specification**

The person specification for this module should be read in conjunction with the [generic person specification](#) for an associate lecturer at The Open University.

As well as meeting all the requirements set out in the generic person specification, you should have:

- an academic and/or background that enables you to adopt a critical view of mental health issues
- ability to demonstrate an up-to-date knowledge of practice or experience in this area
- good IT skills, including the ability to access the internet.

**Additional information**

- Although you are not expected to act as a mental health counsellor for students, you should be aware that the module asks students to draw on their own experience of mental health issues and exposes them to potentially challenging material. This may affect them in various ways and you must be sensitive to this.

**Module related details - a full explanation can be found on the website**

Credits awarded to the student for the successful completion of a module: 30
Number of assignments submitted by the student: 3
Method of submission for assignments: 1a
Level of ICT requirements: 1
Number of students likely to be in a standard group: 20
Salary band: 3
Estimated number of hours per teaching week: 3