

CUP – Catch up project

Social Emotional Learning self-reported Instrument

Self-Reflective Instrument for facilitators to support children

This pilot research project aims to create a reflective moment for children to express their views on learning, including social and emotional aspects, with the support of a facilitator. It is being implemented in three countries: Chile, Ethiopia, and Zimbabwe.

The instrument is underpinned by the five principles of CASEL (Collaborative for Academic, Social, and Emotional Learning): self-awareness, self-management, social awareness, relationship skills, and responsible decision-making. This instrument is available under a Creative Commons license and has been translated into the local languages.

The project has received approval from the Ethical Committee of the Open University. First, facilitators explain the project to children and their families, informing them that participation is voluntary. Second, children's participation is authorised by their families, and then consent forms are signed by the children before taking part in this questionnaire.

Q1. About you

- girl, age 5 - 6
- girl, age 7 - 8
- girl, age 9 - 10 or more
- boy, age 5 - 6
- boy, age 7 - 8
- boy, age 9 - 10 or more
- Other _____

Q2. How do you learn?

	No	not sure	yes
1. I like to ask questions	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
2. I like learning on my own	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
3. I like learning with others	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
4. I like doing things (playing, working) with others	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
5. I feel it is ok if I make a mistake or get something wrong	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
6. I feel like I can keep learning new things	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

Q3. How often do you do these activities?

	No	Little	always
1. I play games with others	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
2. I sing songs (with others)	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
3. I listen to stories	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
4. I use numbers to count	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
5. I play with letters	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
6. I learn at home	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
7. I ask help when I need it	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
8. I help others when they need it	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

Q4. How do you feel about learning at CUP?

	No	not sure	yes
1. I like to come to CUP	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
2. I have made friends at CUP	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
3. My teacher/facilitator at CUP is friendly	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
4. I feel safe when I am at the CUP club	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
5. I feel part of/included in the CUP club	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
6. I like learning new things	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
7. I like to try to learn difficult things	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
8. I feel comfortable when I am learning at CUP	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
9. I would like to participate in more "CUP" activities	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
10. I think CUP will help me when I go to school	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

Q5. Which activities do you enjoy at CUP? What do you enjoy about it?/Why?

Q6. Do you use what you learn at the Catch-Up Club anywhere else/outside of the CUP (probe at home, at school, with friends if needed)? What do you use?

Q7. What is your favourite thing about going to CUP?

Q8. Is there anything you don't like about CUP? What is it?

Q9. Is there anyone you can go to if you feel worried or need help? If yes, who?; If no Would you like to have someone you can go to?

Q10. Do you have any comments, suggestions or questions? (optional)