

# Harnessing Lived Experience for Racial justice

Lela Kogbara

Director, Black Thrive Global



#### **Black Thrive Mission**

**Black Thrive** exists to address the inequalities that negatively impact the mental health and wellbeing of Black people and we place Black communities at the forefront of reimagining, redefining and cocreating a society in which they thrive. Our priorities are:

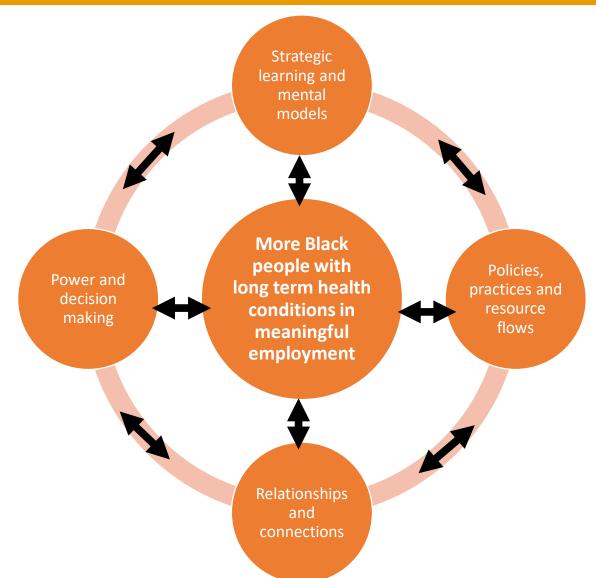
- 1. Building a Black Thrive Research Institute and Observatory
- 2.Embedding race equity in systems change

How come evidence-based policies and practices haven't produced positive outcomes for Black people?

- What "evidence" informs policy and practice?
- Who decides what is valid, what data/information is collected and how it is interpreted?
- Who decides how services should be shaped to meet the needs of communities?



#### **Employment Project**



- Started in March 2020
- £300k grant pot to trial new approaches
- Embedded lived experience research, grant making, service delivery and evaluation
- Challenges mental models, systems change, embedding and sustaining



### **Lived Experience Reflections**





## Thank you for listening!

Lela Kogbara
Director, Black Thrive Global