

Presentation pattern: *Starting October 2021*

Module description

In this module you will explore some of the most significant psychological factors influencing participants' development in sport. Through critical analysis of relevant research and psychological theory you will consider the developmental influences of factors such as families, coach-athlete relationships, mental health, and transitional experiences on individuals' pathways in sport. This module is suitable for you if you have an interest in sport and exercise psychology or are working in the field in a coaching or related role. Whilst the module is focused predominantly on sports performance, it does also consider some aspects of exercise participation.

Person specification

The person specification for this module should be read in conjunction with the [generic person specification](#) for an associate lecturer at The Open University.

As well as meeting all the requirements set out in the generic person specification, you should have:

- a degree or equivalent in a sports, fitness, exercise or psychology-related field, with a significant sport and exercise psychology component
- a strong interest in the psychological principles underpinning sport and exercise
- experience of supporting others' learning at degree level, (e.g. through teaching, training or supervision)
- a willingness to engage with online technologies

It would be an advantage to have:

- experience of applied sport psychology
- taught at National Qualifications Framework level 5 or above
- supervised final year student degree dissertations or literature reviews
- a postgraduate degree or equivalent in a sport, fitness, exercise or psychology related field, with a significant sport and exercise psychology component

Additional information

Module related details - a full explanation can be found on the website

Credits awarded to the student for the successful completion of a module:	60
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Number of assignments submitted by the student:	3
Method of submission for assignments:	2
Level of ICT requirements:	2
Number of students likely to be in a standard group:	1:20
Salary band:	7
Estimated number of hours per teaching week:	6