

*Presentation pattern*    October to June

*Module description*

In this module students will explore some of the most significant psychological factors influencing the development of participants in sport. Through critical analysis of relevant research and psychological theory, they'll consider the psycho-developmental influences of factors, such as families, coach-athlete interactions and transitional stages, on an individual's pathway in sport. This course is suitable for students who have an interest in sport and exercise psychology, or are working in this field in a coaching role. While the course is focused predominantly on sports performance, it does also consider some aspects of exercise participation.

*Person specification*

The person specification for this module should be read in conjunction with the [generic person specification](#) for an associate lecturer at The Open University.

As well as meeting all the requirements set out in the generic person specification, you should have:

- a degree or equivalent in a sports, fitness, exercise or psychology-related field, with a significant sport and exercise psychology component
- a strong interest in the psychological principles underpinning sport and exercise
- experience of supporting others' learning at degree level, (e.g. through teaching, training or supervision)
- a willingness to engage with online technologies.

It would be an advantage to have:

- experience of applied sport psychology, but is not essential
- taught at National Qualifications Framework level 5 or above
- supervised final year student degree dissertations or literature reviews.

*Module related details - a full explanation can be found on the website*

Credits awarded to the student for the successful completion of a module:	60
Number of assignments submitted by the student:	4
Method of submission for assignments:	2
Level of ICT requirements:	2
Number of students likely to be in a standard group:	20
Salary band:	7
Estimated number of hours per teaching week:	6

*There may be opportunities for ALs to undertake associated assessment work for which there will be additional payment and about which you will be contacted separately if applicable.*