

Presentation pattern October to May

Module description

This module explores contemporary issues in sport, including nutrition, gender, physiological recovery and early specialisation and students have a choice to study from a further range of issues in their End of Module Assessment (EMA).

In this engaging module students will explore the research behind a range of contemporary sport and exercise issues. Through critical analysis of the interaction between academic and media sources students will investigate fascinating questions within topics such as nutrition, gender, recovery and early specialisation. They will also undertake a detailed investigation on one contemporary issue that they will select from a range of options: genetic testing, wearable technology, ethnicity, body image, nutrition (sports drinks), pain, sleep, High Intensity Interval Training, homophobia, concussion.

Person specification

The person specification for this module should be read in conjunction with the [generic person specification](#) for an associate lecturer at The Open University.

As well as meeting all the requirements set out in the generic person specification, you should have:

- At least a degree in a sport, fitness or exercise related field, with a higher level research awareness preferably demonstrated by post-graduate study.
- An ability to demonstrate strong critical understanding of academic evidence and media reporting of contemporary issues in sport.
- The ability to demonstrate the academic agility to support students in responding to EMA project questions in a range of topic areas (genetic testing, wearable technology, ethnicity, body image, nutrition (sports drinks), pain, sleep, High Intensity Interval Training, homophobia, concussion), with specific expertise in at least two topic areas.
- Experience of supporting others' learning at degree level (e.g. through teaching, training or supervision)
- Supervised final year student degree dissertations or literature reviews
- A willingness to engage with online technologies

It would be an advantage to:

- have a knowledge behind some of the EMA project questions (subject areas listed above)
- be a subject specialist in at least one of the key topic areas - nutrition, gender, recovery and early specialisation .

Module related details - a full explanation can be found on the website

Credits awarded to the student for the successful completion of a module:	60
Number of assignments submitted by the student:	3
Method of submission for assignments:	2
Level of ICT requirements:	2
Number of students likely to be in a standard group:	20
Salary band:	7
Estimated number of hours per teaching week:	6

The teaching and assessment strategy for this module has not yet been approved and therefore the information is subject to change.