Counselling: exploring fear and sadness D240

Presentation pattern October to June

Course description
Fear and sadness are the most common problems that people seek counselling for. This 22-week course introduces students to the ways in which they have been understood: as 'mental health problems', by different forms of individual therapy, and by approaches that focus on the family, the social group, or society. While the course is primarily academic, students will develop awareness of counselling skills, processes and techniques. The main sections of the course cover: historical developments in understanding fear and sadness, key individual counselling approaches, approaches that consider relationships and cultural aspects of human suffering, and the practice and evaluation of counselling.

Person specification
The person specification for this course should be read in conjunction with the generic person specification for an associate lecturer at The Open University.

As well as meeting all the requirements set out in the generic person specification, you should have:
- a degree in psychology, counselling or another relevant discipline
- knowledge of the theory and practice of counselling, including some relevant current or recent experience of counselling practice
- experience of teaching, ideally through distance learning
- experience of using IT systems as assignments will be submitted, marked and returned electronically.

Module related details - a full explanation can be found on the website

Credits awarded to the student for the successful completion of a module: 30
Number of assignments submitted by the student: 3
Method of submission for assignments: 1a
Level of ICT requirements: 2
Number of students likely to be in a standard group: 20
Salary band: 4
Estimated number of hours per teaching week: 5.5

There may be opportunities for ALs to undertake associated assessment work for which there will be additional payment and about which you will be contacted separately if applicable.